INVESTITURE PRESENTATION

The Liturgy of the Hours

Encountering Christ Throughout the Day

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"Sermon on the Mount," Fra Angelico · Public Domain, Wikimedia Commons

LUKE 18:1

"Then he told them a parable about the necessity for them to pray always without becoming weary."

ACTS 2:42

"They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers."

Cycle of Prayers in the Temple

(and later, the synagogue)

1

Morning and Evening Sacrifices

(or other prayers, outside the Temple)

2

Third, Sixth, and Ninth Hour

(9am, Noon, and 3pm)

3

Prayers at the Closing of the Gates

Christian Cycle of Prayer

1

Morning and Evening Prayer in Church

2

Third, Sixth, and Ninth Hour in the world

(9am, Noon, and 3pm)

3

Prayers at Home in the night

“Why Do You Christians Pray Like That?”

Morning

Christ the Resurrection and New Life

9am
Third Hour

Condemnation of Jesus to death

Coming of the Holy Spirit on the Apostles

12pm
Sixth Hour

Jesus Nailed to the Cross

Peter’s Vision of Mission to the Gentiles

3pm
Ninth Hour

Jesus Dies on the Cross

Healing of the Crippled Man at the Gate of the Temple

Evening

Christ the Light of the World



Photo: Belmont Abbey (@belmontabbey, Instagram)

St. Benedict

“Let nothing be preferred to the Work of God,”

the life of prayer

RULE OF ST. BENEDICT, N. 43



Photo: thirdorderfranciscans.com

Brother Francis

“Let the clerics perform the Divine Office according to the order of the holy Roman Church”

SECOND RULE OF ST. FRANCIS, CHAP. 3

Reform of Vatican II

"Hence, when the faithful are invited to the Liturgy of the Hours and come together in unity of heart and voice, they show forth the Church in its celebration of the mystery of Christ."

GENERAL INSTRUCTION OF THE LITURGY OF THE HOURS, 22

A Song of Love

"The excellence of Christian prayer lies in this, that it shares in the very love of the only-begotten Son for the Father and in that prayer which the Son put into words in his earthly life and which still continues unceasingly in the name of the whole human race and for its salvation, throughout the universal Church and in all its members."

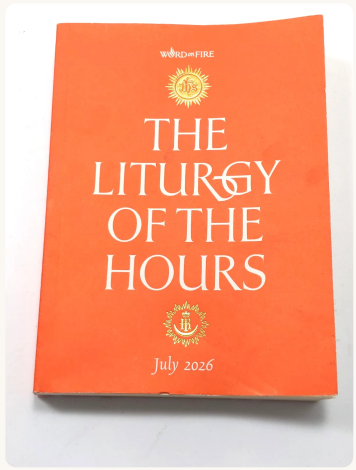
GENERAL INSTRUCTION OF THE LITURGY OF THE HOURS, 7



How do I pray like that?

The Liturgy of the Hours

Resources to Help



SUBSCRIPTION

Word on Fire

wordonfire.org/pray

DivineOffice

APP

Divine Office

divineoffice.org



APP

iBreviary

ibreviary.org/en

Acknowledgements

SLIDE 2	"Sermon on the Mount" by Fra Angelico: Public Domain, Wikimedia Commons
SLIDES 4–6	Cycle of prayers: Robert Taft, SJ, *The Liturgy of the Hours in East and West* (1986), ch. 2; Paul Bradshaw, *Daily Prayer in the Early Church* (1981), ch. 3
SLIDE 7	"Saint Benedict," Instagram, @belmontabbey
SLIDE 8	"Saint Francis," thirdorderfranciscans.com
SLIDES 9–10	*General Instruction of the Liturgy of the Hours*, liturgyoffice.org.uk
SLIDE 12	Word on Fire: wordonfire.org/pray · Divine Office: divineoffice.org · iBreviary: ibreviary.org/en